



# POLARIS SCHEDULE

## WEEK ONE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 am	<b>OPENING DAY</b>	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	6:00 am Wake-up  6:30am Load Buses  7:00am Breakfast  7:30am Depart Camp	<b>TRIP DAY 2</b>	<b>TRIP DAY 3</b>
7:45 am		Breakfast	Breakfast	Breakfast			
8:30 am		Announcements	Announcements	Announcements			
9:00 am		Intro to Tripping & Risk Management	Trip Groups Announced & Meetings	Personal Equipment Packing			
11:00 am		Portage Skills	Orienteering & Map Reading	Group Equipment Packing			
12:15 pm	Lunch	Lunch	Lunch	Lunch	<b>TRIP DAY 1</b>		
12:45 pm	Swim Checks & HC Visit	Announcements	Announcements	Announcements			
1:15 pm	Polaris Program Welcome & Community Meeting	Fire Building Hangs & Floats	Rescue Canoe	Food Packing			
2:45 pm			Tents, Tarps & Stoves				
4:00 pm	Icebreakers	Rest Hour	Rest Hour	Rest Hour			
5:15 pm	Dinner	Dinner	Dinner	Dinner			
6:45 pm	Canoe Basics	Canoe Practice	Leader of the Day & Personal Goals	Trip Group Meetings			
8:15 pm	All Camp Campfire	Polaris Clothing Meeting	All Polaris Program	ETB			
	Full Value Contract						



# POLARIS SCHEDULE

## WEEK TWO

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
7:00 am	<b>TRIP DAY 4</b>	<b>TRIP DAY 5</b>	<b>TRIP DAY 6</b>	<b>TRIP DAY 7</b>	Wake-up & Morning Activity	Wake-up & Morning Activity	7:00 am Wake-up	
7:45 am					Breakfast	Breakfast		7:30 am Breakfast
8:30 am					Announcements	Announcements		
9:00 am					Trip Group Debrief	<b>Focus Skills</b> Swim Kayak Climb		
11:00 am					Personal Trip Debrief	Swim Theory or Polaris Options		
12:15 pm					Lunch	Lunch	Lunch	
12:45 pm					Announcements	Announcements		
1:00 pm				<b>Instructional Program</b>	<b>Instructional Program</b>	Visitor's Day & Changeover Day Activities		
2:30 pm				CANOE or SAILING	CANOE or SAILING			
3:45 pm				Rest Hour	Rest Hour			
5:15 pm				Dinner	Dinner	Dinner	Dinner	
6:45 pm				Welcome Back & Group Debrief	<b>Focus Skills</b> Swim Kayak Climb	Polaris Two-Week Closing Program	Options & General Swim	
8:15 pm				ETB	Games Night		Late Night Program	



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## WEEK THREE

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 am	8:30 am Wake-up	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up
7:45 am		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:30 am		Announcements	Announcements	Announcements	Announcements	Announcements	Announcements
9:00 am		9:00 am Breakfast	<b>Focus Skills</b> Swim Kayak Climb	<b>Focus Skills</b> Swim Kayak Climb	<b>Focus Skills</b> Swim Kayak Climb	<b>Focus Skills</b> Swim Kayak Climb	<b>Focus Skills</b> Swim Kayak Climb
11:00 am	10:00 am All Star Break	Rest Hour	Rest Hour	Rest Hour	Rest Hour	Rest Hour	ORCKA Exam
12:15 pm	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Brunch (11:45am)
12:45 am	Announcements	Announcements	Announcements	Announcements	Announcements	Announcements	Announcements
1:00 pm	Instructional Program  CANOE or SAILING	Instructional Program  CANOE or SAILING	Instructional Program  CANOE or SAILING	Instructional Program  CANOE or SAILING	Instructional Program  CANOE or SAILING	Instructional Program  CANOE or SAILING	CANSail Exam  or
2:30 pm							ORCKA Exam
3:45 pm	Activity Rotations	Activity Rotations	Activity Rotations	Activity Rotations	Activity Rotations	Activity Rotations	Rest Hour
5:15 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:45 pm	Archery or Arts & Crafts	Archery or Arts & Crafts	Archery or Arts & Crafts	Archery or Arts & Crafts	7:30 pm  Camp Wenonah Little Theatre (CWLT)	Final Exam Prep	Options & General Swim
8:15 pm	All Camp Campfire	Swim Theory or Polaris Activity	Swim Theory or Polaris Activity	ETB		Gathers	Concert Series (8:30pm)



# POLARIS SCHEDULE

## WEEK FOUR

	SUNDAY	MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 am	Wake-up & Morning Activity	Wake-up & Morning Activity		Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	Wake-up & Morning Activity	5:45 am Wake-up
7:45 am	Breakfast	Breakfast		Breakfast	Breakfast	Breakfast	Breakfast	6:45 am Morning Watch
9:00 am	<b>Focus Skills</b> Swim Kayak Climb	Swim Prep & Theory	Climbing & Kayaking Trip	All Polaris Program	Wenonah Games	Wenonah Games	Wenonah Games	7:00 am Breakfast
11:00 am	WCIT Info Session							8:00 am Goodbye Circle
12:15 pm	Lunch	Lunch		Lunch	Lunch	Lunch	Lunch	10:00 am Bus Departure / Car Pick-up
1:00 pm	Rest Hour	Swim Exam	Climbing & Kayaking Trip	Rest Hour	Rest Hour	Rest Hour	Rest Hour	
2:30 pm	Section Programs (with rest of Camp)			House Meetings	Wenonah Games	Wenonah Games	Mickle Island Canoe Race & Final Wenonah Games Results	
3:45 pm	Polaris Wenonah Games Sign-Ups			All Polaris Program				
5:15 pm	Dinner	Dinner		Dinner	Dinner	Banquet Dinner	Dinner	
6:45 pm	Swim Theory or Climb / Kayak Trip Prep	Rest Hour		All Polaris Program	Wenonah Games		Options & General Swim	
8:15 pm	Leadership Campfire	ETB		Wenonah Games Opening Ceremonies		Wenonah Games	Polaris Reflection, Closing Campfire & Candlelight	